

LADIES SIZE GUIDE	BUST	WAIST	HIPS
UK 6	81.5cm / 32"	62.5cm / 24.5"	87.5cm / 34.5"
UK 8	84cm / 33"	65cm / 25.5"	90cm / 35.5"
UK 10	89cm / 35"	70cm / 27.5"	95cm / 37.5"
UK 12	94cm / 37"	75cm / 29.5"	97cm / 39.5"
UK 14	99cm / 39"	80cm / 31.5"	102cm / 41.25"
UK 16	104cm / 41"	85cm / 33.5"	110cm / 43.25"
UK 18	109cm / 43"	90cm / 35.5"	115cm / 45.25"

## Conversion Chart

Use the chart below to find your size in your preferred format.

SIZE	XXS	XS	S	M	L	XL	XXL
UK	UK 6	UK 8	UK 10	UK 12	UK 14	UK 16	UK 18
USA	US 2	US 4	US 6	US 8	US 10	US 12	US 14
EUR	EU 34	EU 36	EU 38	EU 40	EU 42	EU 44	EU 46
IT	IT 38	IT 40	IT 42	IT 44	IT 46	IT 48	IT 50
FR	FR 36	FR 38	FR 40	FR 42	FR 44	FR 46	FR 48

**Bust**    **Waist**    **Hips**    **Front Leg**    **Inside Leg**

Relax your arms by your sides and measure around the whole of your bust (measuring under your arms) keeping the tape measure slightly loose.